

**EVERY BREATH**

With Fall in full swing and winter coming up shortly, it is the season for...trouble breathing. Whether it is allergies, sickness, or simply the cold wind hitting you in the face when you walk out the door, seems that everything is trying to take your breath from you. With that in mind, have you ever truly thought how precious your breath is?

If you stop and think about it, our respiratory system is just another testament to God's intricate engineering. Our respiratory system works quietly in the background, sustaining our lives moment by moment. Each day, we take, on average, 20,000 breaths, drawing in life-giving oxygen and expelling carbon dioxide waste from the body. It's a delicate balance, carefully orchestrated by the divine Creator. This constant rhythm of breath isn't something we often contemplate.

But just imagine, every single cell in our bodies relies on this flow of oxygen to function. A breakdown for even a few minutes can cause irreversible damage. Yet, this delicate system works seamlessly and tirelessly. It is yet another silent testimony of God's unwavering care and provision. Paul's inspired words said it best when addressing the Areopagus in Athens in **Acts 17:24-25**, "The God who made the world and everything in it, being Lord of heaven and earth, does not live in temples made by man, nor is He served by human hands, as though He needed anything, since He Himself gives to all mankind life and breath and everything."

Such intricacy and precision are not mere accidents of biology. Instead, they are the marks of a loving Creator who took the time to design us with such precise detail that even the most advanced human technology cannot truly replicate it. Even in times when we are having respiratory problems, we turn to devices like inhalers or oxygen tanks, blessings of modern medicine that help us breathe easier. However, they are mere reflections of our longing for the life-sustaining breath that only God provides.

This realization should fill us with awe and strengthen our trust in Him. As **Psalm 150:6** says, "Let everything that has breath praise the Lord! Praise the Lord!" If He's mindful of our every breath, won't He be aware of our every need, our every worry, our every aspiration? Jesus tells us in **Matthew 7:11**, "If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!" After all, isn't He the one who gave us breath in the first place? In **Genesis 2:7** we read, "Then the Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature."

The Creator who breathed life into dust, who masterfully designed the detailed networks of our lungs, is the same God who promises to provide for us, guide us, and sustain us. As we breathe, may each breath we take in remind us of His life-giving grace, and each exhale of our surrender to His will. Let the rhythm of our breath echo the rhythm of trust we have in Him. After all, the breath and life we have on earth is temporary, but the life we can have in Christ is eternal. So as we go through these colder months, even if our breath becomes more of a struggle, let us take a moment and thank our Heavenly Father for each breath He provides us and the wonderful blessings that we have when we choose to follow Him. **(1 John 5:12-15)** **Andrew Spivey**

**TENNESSEE CHILDREN'S HOME FALL FOOD & SUPPLY DRIVE**

The Tennessee Children's Home Fall Food & Supply Drive truck will be in our area on **Thursday, November 16th**. They are needing several items. Please bring all items in by November 15<sup>th</sup>.

**SYMPATHY**

Our Love and Sympathy to **Matt Ellis** on the passing of his uncle, Hal Mills on Monday night, November 6. Please keep the family in your prayers.

**COORDINATED BIBLE CLASS STUDIES**

Sunday Read – **Matthew 19**  
Wednesday Read – **Mark 10:32-52**



Questions for last week's reading of;  
**John 11:1-54 & Luke 17:11-18:14.**

- 1. What did Martha think Jesus meant when He said, "Your brother will rise again?"
- 2. What did Jesus do before He raised Lazarus?
- 3. When were the lepers cleansed?
- 4. What lesson was Jesus teaching in the parable about the widow and her adversary?
- 5. What happens to a person who exalts himself and a person who humbles himself?

**LADIES BIBLE STUDY**

ATTENTION LADIES! On **Tuesday, November 14<sup>th</sup> at 6:00 pm.**, will be our first Ladies' Bible class. We will be using the book, *Lace Up Those Sneakers* and the author Rita Cochrane, will be giving an overview of her book. We are thrilled to have her come! Please make an effort to be here to support her and grow from her lesson.  
**Pam Newby**

**GIVING THANKS LADIES BREAKFAST**

All Ladies of the congregation are invited to a Giving Thanks breakfast at Pam Newby's home on **Saturday, Nov. 18, at 9:00 a.m.** After breakfast, we will have a brief devotional and sign cards to be delivered to our shut-ins. Bring your favorite breakfast dish and enjoy the fellowship.

**THANK YOU VETERANS AND THEIR FAMILIES.**

**HAPPY VETERANS DAY  
MAY WE NEVER FORGET**



**ORDER OF SERVICES**

**SUNDAY**

**November 12, 2023**

**9:00 AM**

**BIBLE STUDY**

**(Classes for Nursery – High School upstairs)**

Song.....Ben Hutson  
Opening Prayer.....Adam Williamson  
Auditorium Lesson.....Andrew Spivey

**10:00 AM SERVICE**

Welcome.....Charlie Seals  
Scripture Reading.....Mike Lyle  
Song Leader.....Ben Hutson  
Opening Prayer.....Allyn Hosman  
Lord's Supper.....Jim Cherry  
Servers.....M. Coley, Z. Tooley, D. Thompson  
C. Nelsen, C. Suddarth, D. Johnson

Sermon.....Andrew Spivey  
Closing Prayer.....Eric Stephenson

**5:00 PM SERVICE**

Welcome.....Charlie Seals  
Song Leader.....Tim Strickland  
Opening Prayer.....Garrett Rowlett  
Sermon.....Andrew Spivey  
Lord's Supper.....Matt Ellis  
Closing Prayer.....Brent Smith

**WEDNESDAY**

**November 15, 2023**

**7:00 PM**

Welcome.....Charlie Seals  
Song Leader.....Ben Hutson  
Opening Prayer.....Bob Sever  
Lesson.....Andrew Spivey  
Closing Prayer.....Carl Newby  
Door Greeters – West Door.....C/P Newby  
East Door.....B/T Brown  
Visitor's Desk Volunteer.....Pam Newby

**IF YOU CANNOT SERVE, PLEASE CALL**

Alex Sherrill.....615-289-9935  
Church Office.....615-452-3431

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## SCHEDULE OF SERVICES

Sunday Bible Study 9:00 a.m. - Sunday Morning Worship 10:00 a.m.  
 Sunday Evening Worship 5:00 p.m. - Wednesday Evening Worship 7:00 p.m.

### SICK LIST

**Marilee Frederick** is at Centennial Hospital in cardiac ICU. **Maxine Cothron** has been diagnosed with vitreous hemorrhage. She has been referred to an eye surgeon. **Tom & Faye Hart**, both having health issues. **James Spivey** has been diagnosed with lung cancer and has begun his radiation treatments. **Tony Perry**, husband of Sherry Perry & son of Betty Buttrey, has been diagnosed with liver cancer. **Dixie Elam**, wife of Demar Elam, had a fall. She has had surgery and is now home. Please keep them in your prayers. **Heather Lemley** daughter of Michael & Cathy Lemley, had surgery for breast cancer. **Bethany Shoulders** granddaughter of Evelyn Harris has been diagnosed with Acute Lymphoblastic Leukemia. She is home now and will continue with treatments. **Mike Martin**, friend of the Jennings & Cato families, is in Vanderbilt after another seizure. He is not doing well.



### PRAYER LIST

**Anita Cato**; **Shauna Lockett**; **Jean Knowles**; **Zach Tooley**; **Mary Ann Reinhart**; **Vetrus Mee**, Charter Senior Living of Gallatin; **Shelby Ross**; **Sandi Jones**; **Lena Baggett**; **Maxine Cothron**; **Frances Catron**; **Jean Deaton**; **Charlie Cliburn**; **Bryan Grissom** cousin to Joyce Clark & Robbie Glover; **Vycki Puckett**, daughter of Jack & Anita Cato; **Ty Tyler** son of Ann Tyler; **Wade & Wanda Kennedy** parents of Diana Stephenson; **Ida Lou Sherrill**, mother of Alex Sherrill; **Taylor Lackford**, niece of Brenda Veale; **Dustin Lackford**, nephew of Brenda Veale; **Janice Haskins**, sister of Jim Cherry; **Larry Conley**, friend of Wanda Proctor; **Harold Cole**, friend of Lena Baggett; **Bobbie Carter**, sister of Janice Johnson; **Walter Wooten**, brother of Wanda Sherrill; **Aza Topik**, grandson of Charlie & Wanda Seals; **Betty Ann Muncie**, sister of Stella Messer.

### SHUT-INS

**Marilee Frederick**, Gallatin Rehab, Room 220; **Jane Hughes**, 126 Seabury Dr., Greenville, SC 29615; **Melba Hill**.

*We depend on families and friends to help us update this list. Please notify us of any changes.*

### OUR RECORD THIS WEEK

Bible Study.....	109
Morning Worship.....	159
Sunday Evening.....	72
Wednesday Evening.....	88
Contribution.....	\$8,942.00
Youth Group Account.....	\$3,656.00

### Elders

Tony Butler.....	615-452-0560
Jim Cherry.....	615-479-2149
David Johnson.....	615-300-9084
Alex Sherrill.....	615-289-9935
David Thompson.....	615-598-6621

### Deacons

Carl Newby	Jonathan Senn	Brent Smith
Eric Stephenson	Ken Veale	Adam Williamson

# Nashville Road CHURCH OF CHRIST

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**ANDREW SPIVEY**, Pulpit and Family Minister  
**TIM STRICKLAND**, Associate Minister  
**GARRETT ROWLETT**, Youth Minister