

September 19, 2024

SELF CONTROL

When you think about it, a glove is a wonderful thing. Just think about what all a glove can do. It can turn a doorknob or roll down a car window. It can wave good-bye to a friend or applaud a great football play. It can pat someone on the back or even smack someone in the face. It can point. It can give a “thumbs up” sign. There is really no limit to what a glove can do. Right now, you are probably thinking that a glove cannot do all of that, it is the hand inside the glove that does all those things, and your right. A glove can only perform a task if there is a hand inside it. Otherwise, it is just going to lie there motionless. Why is that? Because the ability that the glove possesses comes from what fills the glove. And that is the same with you.

You may be trying to be more self-controlled in your life. You may want to try and control your anger, appetite, desires, or maybe your fears. But no matter how much you want self-control in those areas of your life, you cannot make it happen. Sure, you may be able to improve for a little while. But, in the end, no matter how hard you try, you will not develop true self-control on your own. Because self-control, like other virtues, comes from God.

The ability to truly have self-control in your life depends on whatever, or whoever, you fill your life with. **Romans 8:5-8** says, “For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. Those who are in the flesh cannot please God.” In the end, those who are still under the control of their sinful nature can never please God.

Now why is that? Better yet, why can we not have self-control on our own? Because it is not a physical thing of this world. Think about this for a second, if you desire self-control in your life, what do you think of? The physical things that you want to control. In **Galatians 5:22-23** says, "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." Self-control is a fruit of the Spirit, not flesh. Many Christians, especially new converts, will read about the fruit of the Spirit and try to polish up their lives so that

more of the fruit comes forth. They work and work in their own strength to develop those characteristics, but it never gets them very far. They might achieve a little more love, goodness, and patience, but there comes a point where they begin to fall short. Even worse, many then get to where they feel they cannot bear it anymore and give up.

The fruit of the Spirit is the fruit of *God's work* in our lives when we are obedient to the word of God, not the fruit of our own strength. Much like that glove, it is what we have inside us that gives us the ability. If we want to gain self-control, along with those other virtues, we must make sure that it is the Spirit that is within us and not our own fleshly desires. How do we do that? **Psalm 119:11** tells us, “I have stored up your word in my heart, that I might not sin against you.” The book of Psalms continues to drive this home as well. **Psalm 37:31** says, “The law of his God is in his heart; his steps do not slip.” We even see examples of self-control if we keep the word of God in our heart.” **Psalm 4:3-4** says, “But know that the Lord has set apart the godly for himself; the Lord hears when I call to him. Be angry, and do not sin; ponder in your own hearts on your beds, and be silent.”

So if you are in Christ, the power to be self-controlled should already be with you. You don't have to grunt and groan or grit your teeth. Instead, you need to surrender all and give it God. Just as a glove surrenders to the hand that wears it, we must surrender to our Creator. **2 Corinthians 4:6-7** “For God, who said, “Let light shine out of darkness,” has shown in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us.” If you want self-control, then selflessly give it to the One in control.

Andrew Spivey

DAY OF PRAYER/GIVING FOR CHILDREN

On Sunday, September 29, 2024, we will join with Potter Children's Home in a Day of Prayer & Giving for Children. A portion of our contribution will go to Potter Children's Home.

One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to seek him in his temple. Psalm 27:4

COORDINATED BIBLE CLASS STUDIES

Sunday Read – Genesis 42

Wednesday Read – Genesis 43

Questions for last week's reading of;

Genesis 41:1-57

Questions:

1. What were Pharaoh's two dreams and their interpretation?
2. Who did Pharaoh put in charge of preparing for the years of famine?
3. How did Joseph prepare for the famine?
4. What were the names of Joseph's two sons who were born before the famine?
5. Why did people from other countries come to Egypt?

UPCOMING EVENTS

* 4:15 Singing class every Sunday*

Sept 29th Day of Prayer & Giving

5th Sunday Singing/PM services

Oct 1st Ladies Bible Class @6:30 pm

Oct 1st TNT @6:00 pm

Oct 2nd Fall Series begins with Mike Tidwell

Oct 9th Fall Series with Mike Tidwell

Oct 11-13 Family Retreat in KY

Oct 15th – TNT @ 6:0pm.

Oct 15th – Ladies Bible Class @ 6:30pm

Oct 17th – Senior Group meets @ 5:00pm.

TNT will be held in the fellowship room. Ladies Bible Study will be in the high school classroom.

FALL SERIES 2024

This year's Fall Series with **Mike Tidwell** as our guest speaker, will be every Wednesday @ 7:00 pm. through October 23 and Sunday morning October 27th finishing the series. Series theme will be,

"You Never Mentioned Him To Me."

****On Wednesday evenings, Nursery -6th grade will have class. High School will be in the auditorium.**

ORDER OF SERVICES

SUNDAY

September 22, 2024

9:00 AM

BIBLE STUDY

(Classes for Nursery – High School upstairs)

Song Leader.....Ben Hutson
Opening Prayer.....Tony Butler
Auditorium Lesson.....Andrew Spivey

10:00 AM SERVICE

Welcome.....Jonathan Senn
Scripture Reading.....Corey Nelsen
Song Leader.....Ben Hutson
Opening Prayer.....Rick Gallagher
Lord's Supper.....Allyn Hosman
Servers.....R. Buck, B. Sever, E. Stephenson
G. Messer, Z. Tooley, J. Crawford
Sermon.....Andrew Spivey
Closing Prayer.....Garrett Rowlett

5:00 PM SERVICE

Welcome.....Jonathan Senn
Song Leader.....Matt Ellis
Opening Prayer.....Tim Strickland
Sermon.....Andrew Spivey
Lord's Supper.....Bob Brown
Closing Prayer.....Carl Newby

WEDNESDAY

September 25, 2024

7:00 PM

Welcome.....Jonathan Senn
Song Leader.....Ben Hutson
Opening Prayer.....Jim Cherry
Lesson.....Andrew Spivey
Closing Prayer.....David Johnson

Ushers for September.....T. Cummins, A. Williamson
Communion Care for September.....B/T Brown

Door Greeters – West Door.....C/P Newby
East Door..... B/T Brown

Visitor's Desk Volunteer.....Pam Newby

IF YOU CANNOT SERVE, PLEASE CALL

Alex Sherrill.....615-289-9935
Church Office.....615-452-3431

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 Gallatin, TN 37066
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SCHEDULE OF SERVICES

Sunday Bible Study 9:00 a.m. - Sunday Morning Worship 10:00 a.m.
 Sunday Evening Worship 5:00 p.m. - Wednesday Evening Worship 7:00 p.m.

SICK LIST

Anita Cato is home now and doing better. Janice Johnson is home now and will continue with therapy. Ethan Huffard son-in-law of Carl & Pam Newby is home and has begun chemo treatments.. Virginia Long, sister of Gary Stallcup, has improved. Paul Gruber neighbor of Bob & Sherry Sever has been diagnosed with bladder cancer. He is now undergoing a new drug therapy through the end of August. Larry Bailey, son of Tina Bailey a former member, has been diagnosed with liver cancer.

SHUT-INS

Jean Deaton; James Spivey;
 Melba Hill; NHC 140 Throne Blvd. Gallatin, rm 2010
 Jane Hughes, 126 Seabury Dr., Greenville, SC 29615.

We depend on families and friends to help us update this list. Please notify us of any changes.

PRAYER LIST

Maddie Andrews; James & Mary Spivey; Charlie Cliburn; Ottis Cothron; Sara Hosman; Anita Cato; Shauna Lockett; Tony Perry; Jean Knowles; Zach Tooley; Mary Ann Reinhart; Faye Hart; Shelby Ross; Sandi Jones; Lena Baggett; Maxine Cothron; Pat Watson; Frances Catron; Charles & Jackie Williams; Pat Crump; Ethan Huffard son-in-law of Carl & Pam Newby; Heather Lemley daughter of Michael & Cathy Lemley; Jean McCurdy mother of Olivia Nelsen; Elaine Reynolds, friend of Christie Coleman; Alan Greene, nephew of Carl & Pam Newby; Bethany Shoulders, granddaughter of Evelyn Harris; Samantha Hager, friend of June Thompson; Bryan Grissom cousin to Joyce Clark & Robbie Glover; Vycki Puckett, daughter of Jack & Anita Cato; Ty Tyler son of Ann Tyler; Wade Kennedy father of Diana Stephenson; Ida Lou Sherrill, mother of Alex Sherrill; Taylor Lackford, niece of Brenda Veale; Dustin Lackford, nephew of Brenda Veale; Larry Conley, friend of Wanda Proctor; Harold Cole, friend of Lena Baggett; Bobbie Carter, sister of Janice Johnson; Walter Wooten, brother of Wanda Sherrill; Aza Topik, grandson of Charlie & Wanda Seals.

OUR RECORD THIS WEEK

Bible Study.....	122
Morning Worship.....	161
Sunday Evening.....	81
Wednesday Evening.....	78
Contribution.....	\$6,090.00
Youth Group Account.....	\$3,740.00

Elders

Tony Butler.....	615-452-0560
Jim Cherry.....	615-479-2149
David Johnson.....	615-300-9084
Alex Sherrill.....	615-289-9935
David Thompson.....	615-598-6621

Deacons

Carl Newby	Jonathan Senn	Brent Smith
Eric Stephenson	Adam Williamson	

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Email: nashvilleroadcoc@comcast.net

ANDREW SPIVEY, Pulpit and Family Minister
 TIM STRICKLAND, Associate Minister
 GARRETT ROWLETT, Youth Minister